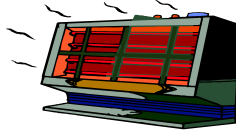


QUICK SAFETY TIPS FOR SENIORS

Space Heaters

- ▶ Keep heaters and fans at least 3 ft. away from curtains and furniture.
- ▶ An adapter must be used when plugging in a heater with a three-prong plug in a two-hole outlet.

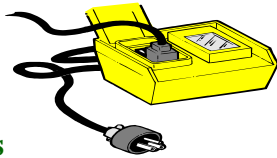


Extension Cords

- ▶ If one must be used, place it in a “No trip zone” and never under carpets or rugs.
- ▶ Connecting multiple cords or using damaged ones may cause overheating and fire.

GFCIs

- ▶ To prevent shocks and death, GFCIs (ground fault circuit interrupters) should be installed anywhere water and electricity can mix. Contact a qualified, certified electrician.



Fuses

- ▶ When replacing blown fuses, always use the correct size to avoid causing a fire.

Small Appliances

- ▶ All power tools should have a three-prong plug.
- ▶ Unplug small appliances when not in use (irons, toasters, etc.)
- ▶ Do not tuck in or squeeze the wires on electric blankets.
- ▶ Never go to sleep with a heating pad on or space heater turned on.

Bulbs

- ▶ Use the proper watt bulb called for by the lighting fixture. .



Receptacle Outlets

- ▶ Do not use outlets or switches that are hot to the touch. Call a qualified, certified electrician.



OUCH!

General Advice

- ▶ Place hearing aids next to the bed.
- ▶ Have a flashlight near by.
- ▶ If clothing is on fire, “DON’T RUN! STOP, DROP and ROLL.”
- ▶ Keep smoke detectors in working order by checking monthly and replacing batteries every six months.

Anza Electric Cooperative, Inc. would like to let all the senior citizens in our community know their safety and well being is important to us. Please follow the tips provided.

For more info check out www.esfi.org